

How To Make a Rep Baseball Team

1. Persistence is more important than talent
2. Respect the game as much as you want to be respected
3. Tuck in your shirt
4. Don't wear your hat backwards
5. Practice hard because you play the way you practice
6. It doesn't take any talent to hustle
7. Be a student in baseball. Learn the game. Study the history of baseball.
8. Help your team win whether you play or not
9. Keep a daily diary of what you do at practice and keep notes of your observations.
This will help you see the progress you have made.
10. Never argue with an umpire.
11. Agree to let your coaches train you.
12. Don't cut class.
13. Maintain the grades that keep you eligible.
14. Set high standards along with knowing the steps to attain them.
15. Don't tell people what you are worth, prove it to them.
16. Your girlfriend is not more important than your career.
17. Your parents love you, but they may not know more than your coach about baseball.
18. Don't let anyone make an excuse for you.
19. Maintain eye contact with all adults when they talk to you. Practice on your friends.
20. It is your coach's opinion of you that counts. He makes out the lineup. Fail to understand this point and you will soon be out of the game.
21. Life is not fair. Regardless of what some people think about you.
22. Be passionate about your teammates.
23. Love the game.
24. Players are not the only people in the game. There are coaches, trainers, announcers, umpires, broadcasters and writers. All those jobs are honorable professions as well as keeping you young.
25. The only thing the coaches owe you is honesty.
26. Body language screams. It never whispers.
27. Balance makes champions. If you focus on hitting and ignore the defensive part of the game you will never be a complete player.
28. Be as diligent on defence as you are an offence.
29. Defence wins more games than offence.
30. Pitching sets the tone.
31. Games are lost not won. Mistakes lead to losses.
32. You can win a league with a few good pitchers. Well developed pitching staffs win the tournaments.
33. Work on your game every day of the year. The guy who beat you out for the starting job did and the team that always beats you.
34. Who you are today is a result of who you were in the past. Fill your past with smart work and good deeds and you will maximize your potential.

35. You don't have to be a great athlete to be a good baseball player
36. Show off your talent to your current coach and your future coach by doing the following **all the time**:
- when you jog to warm up finish first
 - when you stretch do it best
 - when you play catch, throw to a target and hit it every time
 - when you play catch, catch the ball or block the bad throw and keep it in front of you every time
 - when you are doing the drill, do it perfect every time
 - Go hard all the time. Never walk on a baseball practice field.
 - As a batter/runner run to first as though it matters that you are safe
 - know the situation on defence and do the right thing
37. Baseball reveals character it doesn't build it
38. Character means doing the right thing when nobody's watching

Source unknown